

CENTRE FOR DISTANCE AND ONLINE EDUCATION

Aligarh Muslim University, Aligarh

Session: 2020-2021

POST GRADUATE DIPLOMA IN GUIDANCE & COUNSELLING (PGD-GC)

Principles and Procedures of Guidance

(GC-01)

Total Marks: 70

a) Attempt all questions.

b) All questions carry equal marks.

1. Discuss purpose and present status of guidance in India.
2. Discuss classification of guidance with reference to social and personal guidance.
3. Explain activities related to group guidance with suitable examples.
4. Write an essay on guidance as a profession.
5. Explain in brief about orientation service and its objectives.

ASSIGNMENT

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POST GRADUATE DIPLOMA IN GUIDANCE & COUNSELLING (PGD-GC)

Approaches and Techniques of Counselling

(GC-02)

Total Marks: 70

a) Attempt all questions.

b) All questions carry equal marks.

1. Discuss counsellor's values and the therapeutic process.
2. Describe qualities of an effective counsellor.
3. Discuss client centred therapy and its effectiveness in the treatment.
4. Write explanatory notes on the following:
 - a) Assumptions of group counselling
 - b) T Group
5. Explain in brief different theories of career development.

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POST GRADUATE DIPLOMA IN GUIDANCE & COUNSELLING (PGD-GC)

Dynamics of Adjustment and Personality

(GC-03)

Total Marks: 70

a) Attempt all questions.

b) All questions carry equal marks.

1. Define adjustment and discuss characteristics of adjustment.
2. Critically evaluate Bandura's social cognitive theory.
3. Discuss types of adjustive reactions.
4. Write an essay on environmental stress and behaviour.
5. Briefly outline history of personality psychology.

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POST GRADUATE DIPLOMA IN GUIDANCE & COUNSELLING (PGD-GC)

Assessment in Guidance & Counseling

(GC-04)

Total Marks: 70

a) Attempt all questions.

b) All questions carry equal marks.

1. Describe in detail about the types of psychological tests.
2. Define validity and discuss methods for determining validity.
3. Discuss types of interview.
4. Describe tests of interests and values.
5. Discuss application of testing in counselling setup.

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POST GRADUATE DIPLOMA IN GUIDANCE & COUNSELLING (PGD-GC)

Guidance Practicum

(GC-05)

Total Marks: 70

a) Attempt all questions.

b) All questions carry equal marks.

1. Measurement of Clerical Aptitude of Students with the help of Differential Aptitude Test.
2. Measurement of Vocational Interest of Senior Secondary School Students.

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POST GRADUATE DIPLOMA IN GUIDANCE & COUNSELING (PGD-GC)

Counselling Practicum

(GC-06)

Total Marks: 70

a) Attempt all questions.

b) All questions carry equal marks.

1. Identifying Counselling needs among Adolescents.
2. Identifying Desirable Personality Traits of Adolescents through Counselling Readiness Scale.

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POST GRADUATE DIPLOMA IN GUIDANCE & COUNSELLING (PGD-GC)

Testing Practicum

(GC-07)

Total Marks: 70

a) Attempt all questions.

b) All questions carry equal marks.

1. Assessment of Spiritual Personality of Undergraduate students.
2. Measurement of Achievement Motivation among Undergraduate students.

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POST GRADUATE DIPLOMA IN GUIDANCE & COUNSELLING (PGD-GC)

Grand Viva-Voce

(GC-08)

Total Marks: 100

a) Attempt all questions.

b) All questions carry equal marks.

1. Write an essay on addiction counselling for mobile/internet users.
2. Write the steps of case study involved in the process of counselling.

Note: General Viva-Voce will be based on these assignment questions.

ASSIGNMENT